



Dr. Pritesh Jaiswal

MBBS, MD

Registration Number: 52275

Prescription ID - 860548

Sunday, August 28 2022

Patient Details

Patient Registration ID: 7828965

Name: Jasmin Chhatter

Age: 26

Gender: female

Weight: 62 Kg

Symptom

- Acne

Diagnosis

- Pimples (Acne)

Tests Requested

Medicines

- Maxirich Multivitamin & Minerals Softgel**

Multivitamin , Minerals

Dose: 1.0 Capsule

Frequency: OD (once a day)

When to take: After Meal

Duration: 1 month

- Doxy 1 LDR Forte Capsule**

Doxycycline (100.0 mg) , Lactobacillus (5.0 Billion Spores)

Dose: 1.0 Capsule

Frequency: BID (twice daily)

When to take: After Meal

Duration: 2 weeks

- Adalene Nanogel Gel**

Adapalene (0.1 % w/w) , Clindamycin (1.0 % w/w)

Dose: 1.0 Apply thin film on affected Area

Frequency: BID (twice daily)

When to take: Not Applicable

Duration: 2 weeks

- Dermadew Soap**

Coconut oil , Kokum , Palm oil

Dose: 1.0 Apply on affected area

Frequency: OD (once a day)

When to take: -----

Duration: 1 month

Comments by Doctor

Properly wash the face two times a day to remove dirt, oil and excess sweat .If you have acne do not touch the face often, avoid pricking, itching and scratching the pimple. Avoid spicy, oily, chocolates, aerated drinks, sugary and processed food. If you have hormonal imbalance, take appropriate treatment. Do regular exercise, avoid stress, sleep for minimum 7 hours a day. Drink plenty of water. If you have acne prone skin, use clean pillow covers and blankets. Also sanitise the phone screen regularly. Protect your skin from sun exposure.



This medical advice is based on the responses provided by you over online or telephonic medium. Depending on the symptoms you presented, your case may further require a physical examination by a doctor. Please visit a doctor or a hospital near you if your symptoms do not improve. This prescription is not valid for medico-legal purpose.

powered by

myupchar



www.myupchar.com



youtube.com/myupchar



facebook.com/healthbeautywellnesstips