Name: B NEETHI DEVAN   Date: 10 Jul 2022

Age/Gender: 37 years/Male

Dr. Jagmohan S V (Pulmonologist)

Chief Complaints

Chronic Cough since 3 days, Breathing Difficulty since 2 days and Unable to speak since 1 day

Allergies

- No food allergy
- No drug allergy
- Had dust allergy, Dust and working under AC

Diagnosis

- Allergic airway disease (suspected)

Diagnostic Test

- Hrct Chest (Immediate)

Prescription

Sl.	Medicine Name	Dosage	Freq.	Duration	Instructions
1.	DOXIFLO M TAB Doxofylline 400mg, Montelukast 10mg	1 tab	1-0-0	10 days	After Food (Once daily after food)
2.	T. Telkast f	-	0-0-1	10 days	Once daily night after food
3.	OMNACORTIL DISPERTAB 30mg prednisolone 30mg	1 tab	1-0-0	5 days	After Food (Once daily after food)
4.	SOMPRAZ FAST TAB 40mg esomeprazole 40mg	1 tab	1-0-1	7 days	Before Food (Twice daily before food)
5.	PULMOCEF CV 500 MG TABLET CEFUROXIME 500mg, CLAVULANIC ACID 125mg	1 tab	1-0-1	5 days	After Food (Twice daily after food)

Powered by
mfine

0000000000
mfine Healthcare
1245, 22nd Main Road, 13th Cross Rd,
Vanganahalli, 1st Sector, HSR Layout,
Bengaluru
Bengaluru, Karnataka 560102

Name: B NEETHI DEVAN

Date: 10 Jul 2022

Age/Gender: 37 years/Male

Dr. Jagmohan S V (Pulmonologist)

General Advice

- 1.	Adequate rest.
  2.	Avoid cold and refrigerated foods
  3.	Avoid AC environment and blowing wind
  4.	Avoid exposure to dust by covering nose in dusty & smoky areas and at home while cleaning which can irritate the nasal mucosa and worsen the symptoms. Using face mask can help in such environments and also prevent spread of the infection
  5.	Avoid spicy, non-vegetarian, oily food
  6.	Avoid both active and passive smoking.

Diet :-
1.	Have soft diet like porridge, toast, Khichdi, Idlis , etc
2.	Take warm fluids/soft food more frequently in small quantities
3.	Warm water with added honey, tea are good for colds
4.	Have a lot of fluids to keep yourself hydrated. Don't only drink plain water, but also include tender coconut water, vegetable soup and fresh fruit juices (with no added sugar). """

RED FLAG SIGNS : Seek immediate attention if you develop any of these symptoms:

1. Fever of 101°F or higher for more than 24 hours, fever accompanied by a rash, severe headaches, confusion, severe back pain, abdominal pain, or painful urination
2. Coughing or sneezing mucus that is green, brown, or bloody
3. Shortness of breath, chest pain, wheezing, or difficulty swallowing
4. Tender and painful sinuses
5. White or yellow spots in your throat
6. Severe headaches with blurred vision, dizziness, or nausea or vomiting
7. Pain or discharge from your ears
8. Persistent pain in the abdomen
9. Profuse sweating, shaking, or chills

Follow up after 10 Days (on 20th Jul 2022).

Powered by

Name: B NEETHI DEVAN

Date: 10 Jul 2022

Age/Gender: 37 years/Male

Dr. Jagmohan S V (Pulmonologist)

Dr. Jagmohan S V

MBBS, MD (Pulmonary Medicine)

Registration No: KMC 87655

Powered by

0000000000
mfine Healthcare
1245, 22nd Main Road, 13th Cross Rd,
Vanganahalli, 1st Sector, HSR Layout,
Bengaluru
Bengaluru, Karnataka 560102

Name: B NEETHI DEVAN   Date: 10 Jul 2022

Age/Gender: 37 years/Male

Dr. Jagmohan S V (Pulmonologist)

Approved Substitute Medicines

If a prescribed medicine is not avaiable then you can take one of the doctor approved substitutes from the list below

Sl.No	Prescribed Medicines	Approved Substitutes	
1	OMNACORTIL DISPERTAB 30mg	DELSONE TAB 30mg	Warning: Take **ONLY ONE** of the substitute medicines if **OMNACORTIL DISPERTAB 30mg** is not available
2	SOMPRAZ FAST TAB 40mg	ESOFAG TAB 40mg **OR** SOMPRAZ TAB 40mg **OR** ESPRA TAB 40mg	Warning: Take **ONLY ONE** of the substitute medicines if **SOMPRAZ FAST TAB 40mg** is not available

Dr. Jagmohan S V

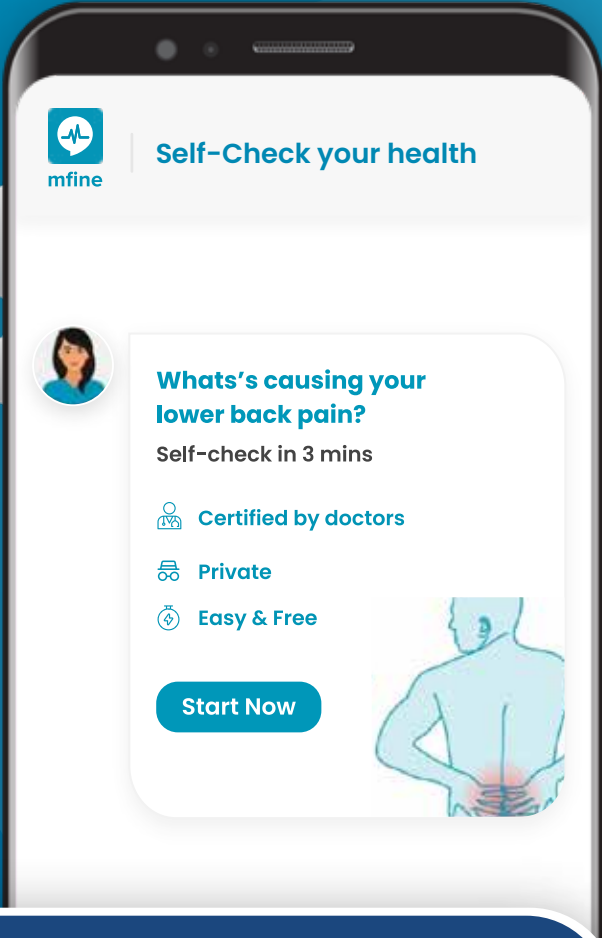MBBS, MD (Pulmonary Medicine)

Registration No: KMC 87655

Powered by

Monitor your health on your smartphone

- Fast and Accurate

- 100% Confidential

Try FREE tools now

mfine

Self-Check your health

Whats's causing your lower back pain?

Self-check in 3 mins

Certified by doctors

Private

Easy & Free

Start Now

Use the MFine App to:

Self-check

Vitamin D

Heart Health

Thyroid

Migraine

Diabetes

PCOD

Monitor vitals

Blood Pressure Monitor

Heart Rate Monitor

SpO2 Monitor

Track periods

Period tracker

Ovulation calendar

Safe day predictions

Try FREE tools now